

# MORNING PRAYERS

## The Trisagion Prayers

In the Name of the **Father**, and of the **Son**, and of the **Holy Spirit**. Amen.

Glory to thee, our **God**, glory to thee.

O **heavenly King**, O Comforter, the **Spirit** of truth, who art in all places and fillest all things; Treasury of good things and **Giver of life**: Come and dwell in us and cleanse us from every stain, and save our souls, **O gracious Lord**.

**Holy God, Holy Mighty, Holy Immortal**: have mercy on us. (Thrice)

Glory to the **Father**, and to the **Son**, and to the **Holy Spirit**: now and ever and unto ages of ages. Amen.

**All-holy Trinity**, have mercy on us. **Lord**, cleanse us from our sins. Master, pardon our iniquities. **Holy God**, visit and heal our infirmities for thy Name's sake.

Lord, have mercy. (Thrice)

Glory to **the Father**, and to the **Son**, and to the **Holy Spirit**: now and ever, and unto ages of ages. Amen.

Our Father, who art in heaven, hallowed be thy Name; thy kingdom come; thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

O holy **Virgin Mary** peace of the angel Gabriel peace be unto thee. Thou art Virgin in Spirit as well as in body O thou **Mother of God** peace be unto the. Blessed art thou among women and blessed is the fruit of thy womb, rejoice O thou who art full of grace the **Lord** is with thee. Ask and pray for us to thy beloved **Son our Lord** and savior **Jesus Christ**, that he may have mercy upon our souls and forgive us our sins.

Through the prayers of our holy **Fathers**, **Lord Jesus Christ** our **God**, have mercy on us and save us. Amen.

## **Troparia to the Holy Trinity**

Having arisen from sleep, we fall down before thee, **O Blessed One**, and sing to thee, **O Mighty One**, the Angelic Hymn: Holy, holy, holy art thou, O God. Through the Theotokos have mercy on us.

Glory to the **Father**, and to the **Son**, and to the **Holy Spirit**:

From my bed and sleep Thou hast raised me: O Lord, enlighten my mind and my heart, and open my lips that I may praise thee, **O Holy Trinity: Holy, holy, holy art thou, O God**. Through the Theotokos have mercy on us.

Both now and ever, and unto ages of ages. Amen.

Suddenly the Judge shall come, and the deeds of each shall be revealed: but with fear we cry out in the middle of the night: **Holy, holy, holy art thou, O God**. Through the Theotokos have mercy on us.

Lord, have mercy. (12 times)

## **A Prayer to the Holy Trinity**

Arising from sleep I thank thee, **O holy Trinity**, because of the abundance of thy goodness and long-suffering thou was not wroth with me, slothful and sinful as I am; neither hast thou destroyed me in my transgressions: but in thy compassion raised me up, as I lay in despair; that at dawn I might sing the glories of thy Majesty. Do thou now enlighten the eyes of my understanding, open my mouth to receive thy words, teach me thy commandments, help me to do thy will, confessing thee from my heart, singing and praising thine All-holy Name: of the **Father**, and of the **Son**, and of the **Holy Spirit**: now and ever, and unto ages of ages. Amen.

## **The Creed**

**We believe in one God**, the **Father Almighty**, Maker of heaven and earth and all things visible and invisible. **And we believe in One Lord Jesus Christ**, the Only Begotten Son of the Father. Who was with him before the creation of the world. Light from Light, true God from true God. Begotten not made, of one essence with Father. By whom all things were made and without him was not anything in heaven or earth made. Who for us men and for our salvation, came down from

heaven was made man and was incarnated from the **Holy Spirit and from the Holy Virgin Mary**. Became man, Was crucified for our sakes in the day of **Pontius Pilot**. **Suffered, died**, was **buried and rose from the dead on the third day** as was written in the holy scriptures. **Ascended into heaven into glory**. Sat at the right hand of his **Father** and **will come again in glory** to judge the **living** and the **dead**. There is no end of His reign. **And we believe in the Holy Spirit**. The life giving **God** who **proceeded** from the **Father**. We worship and glorify Him with the **Father** and the **Son** who spoke by the **Prophets**. And **we believe in one holy Universal Apostolic Church**. **We believe in One Baptism** for the remission of sin. And wait for the **resurrection** from the **dead** and the life to come. World without end. Amen.

### **A Prayer of St. Basil the Great**

We bless thee, **O God** most high and **Lord** of mercies, whoever works great and mysterious deeds for us, glorious, wonderful, and numberless; who provides us with sleep as a rest from our infirmities and as a repose for our bodies tired by labor. We thank thee that thou hast not destroyed us in our transgressions, but in thy love toward mankind thou hast raised us up, as we lay in despair, that we may glorify thy Majesty. We entreat thine infinite goodness, enlighten the eyes of our understanding and raise up our minds from the heavy sleep of indolence; open our mouths and fill them with thy praise, that we may unceasingly sing and confess thee, who art **God** glorified in all and by all, the eternal **Father**, the **Only-Begotten Son**, and the **all-holy and good and life-giving Spirit**: now and ever, and unto ages of ages. Amen.

Here may be added your own private devotions and intercessions, using your own words or the "Occasional Prayers". When you have finished, conclude with this prayer:

Through the prayers of our holy **Fathers**, **Lord Jesus Christ our God**, have mercy upon us and save us. Amen.